

# 10 Mindsets that Block Healing

# **#1: Unbelief**

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. **6** But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind. **7** For that person must not suppose that he will receive anything from the Lord; **8** he is a double-minded man, unstable in all his ways.

--James 1:5-8 ESV



## ***#2: Apathy, dullness, ignorance, and insensitivity towards spiritual things***

For this people's heart has grown dull, and with their ears they can barely hear, and their eyes they have closed, lest they should see with their eyes and hear with their ears and understand with their heart and turn, and I would heal them.'

--Matthew 14:15 ESV



# #3: *Spiritual forgetfulness*

“Bless the Lord, O my soul, and forget not all his benefits, **3** who forgives all your iniquity, who heals all your diseases, **4** who redeems your life from the pit, who crowns you with steadfast love and mercy, **5** who satisfies you with good so that your youth is renewed like the eagle's.”

--Psalm 103:2-5 ESV

But they soon forgot his works; they did not wait for his counsel. **14** But they had a wanton craving in the wilderness, and put God to the test in the desert; **15** he gave them what they asked, but sent a wasting disease among them.

--Psalm 106:13-15 ESV



## **#4: *Lack of [accessing and exercising] spiritual authority***

And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction.

--Matthew 10:1 ESV

And he called the twelve together and gave them power and authority over all demons and to cure diseases, **2** and he sent them out to proclaim the kingdom of God and to heal.

--Luke 9:1-2 ESV



## #5: *Not hearing Jesus (the Lord's voice)*

And he came down with them and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea and Jerusalem and the seacoast of Tyre and Sidon, **18** who came to hear him and to be healed of their diseases. And those who were troubled with unclean spirits were cured. **19** And all the crowd sought to touch him, for power came out from him and healed them all.

--Luke 6:17-19 ESV

"So faith comes from hearing, and hearing through the word of Christ."

--Romans 10:17 ESV

saying, "If you will diligently listen to the voice of the Lord your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your healer."

--Exodus 15:26 ESV



## **#6: *Failure to assess one's own relationship with God through what Jesus did on the cross***

Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. **28** Let a person examine himself, then, and so eat of the bread and drink of the cup. **29** For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. **30 *That is why many of you are weak and ill, and some have died.*** **31** But if we judged ourselves truly, we would not be judged.

--1 Corinthians 11:27-31 ESV [***emphasis mine***, see Old Testament parallel for the Lord's Supper (Passover) and healing in 2 Chronicles 30:17-20]





**#7: *Relational isolation due to fear and bitterness, holding a grudge, unreconciled relationships, addiction, unaddressed abuse or oppression***

“Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? **7** Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? **8** Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard.

--Isaiah 58:6-8 ESV



**#8: *Pride, slander, gossip, finger-pointing, stinginess, selfishness, not providing value to others***

Then you shall call, and the Lord will answer; you shall cry, and he will say, 'Here I am.'

If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, **10** if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

**11** And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.

--Isaiah 58:9-11 ESV



## **#9: Ignorance, darkness, lack of knowledge, rejecting knowledge (what God says)**

And even if our gospel is veiled, it is veiled to those who are perishing. **4** In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God.

--2 Corinthians 4:3-4 ESV

Your eye is the lamp of your body. When your eye is healthy, your whole body is full of light, but when it is bad, your body is full of darkness.

--Luke 11:34 ESV

My people are destroyed for lack of knowledge; because you have rejected knowledge, I reject you from being a priest to me. And since you have forgotten the law of your God, I also will forget your children.

--Hosea 4:6 ESV

Because they hated knowledge and did not choose the fear of the Lord, **30** would have none of my counsel and despised all my reproof, **31** therefore they shall eat the fruit of their way, and have their fill of their own devices. **32** For the simple are killed by their turning away, and the complacency of fools destroys them; **33** but whoever listens to me will dwell secure and will be at ease, without dread of disaster."

--Proverbs 1:29-33 ESV

## **#10: *Disobedience despite having received the good news about Jesus***

Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, **7** again he appoints a certain day, "Today," saying through David so long afterward, in the words already quoted, "Today, if you hear his voice, do not harden your hearts."

--Hebrews 4:6-7 ESV [see also [Deuteronomy 28:58-62](#)]

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